



CARRIER SEKANI  
FAMILY SERVICES

Starting: September 19<sup>th</sup>- October 24<sup>th</sup> 2017

Location: 1245 20<sup>th</sup> Ave (Victoria Towers) Ring up: 2226

Day: Tuesday afternoons

Time: 2-3:30pm

**OPEN TO ALL PARENTS OR CAREGIVERS OF CHILDREN  
BETWEEN THE AGES OF 1-4 YEARS OLD**

**During this program, parents will learn new parenting tools  
covering the following topics:**

- Discipline your child without violence
- Preventing problems: such as tantrums
- Building a loving bond with your child
- Childproofing your home
- Caring for your child at different ages and stages
- Caring for yourself!

For more information call: Naomi @ 250-563-1281 or email  
nloheed@csfs.org